



# EC's Picks for New Products, Family Reading, Music & Games


Do you know What's New? Let us know. Send us a sample for consideration to: What's New? Edmonton's Child, #208, 14218 Stony Plain Rd. Edmonton, AB., T5R 3R3

 Proudly Canadian


## BOOKS



 **Natural Pregnancy, Natural Baby** By Dr. Stacey Rosenberg, Chiropractor Contains 150+ pages of prevention, tips, techniques, remedies, and resources to help ease the common complaints of pregnancy, birth and the post-partum period. It includes nutrition, pre-natal bonding, comfort measures, herbs, homeopathy, ergonomics, chiropractic, acupressure, yoga, breast-feeding advice, Hypnobirthing® and much more! Available at gibbonschiropractic.com or amazon.com to purchase for \$20.99.

 **Honey, I Wrecked the Kids: When Yelling, Screaming, Threats, Bribes, Time-outs, Sticker Charts and Removing Privileges All Don't Work** For those who have tried just about everything to discipline their kids, explains why children today really are resistant to traditional parenting methods and how only a new model for winning cooperation really works. Full of real-life examples, the book gives parents a deeper understanding of misbehavior and their role in it. Available at bookstores for \$19.95.




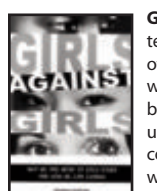
 **A Life in Pieces: A Piece-by-Piece Guide to Realizing Harmony in Families, Schools, and Communities** By Lana Buoy an in-depth look at why there is an increasing amount of aggression and violence surrounding the lives of children and youth everywhere. She offers clear solutions to this problem by presenting a unique method that will bring peace to families, schools, and communities. Available at dorrancebookstore.com and select Edmonton bookstores for \$14.00.

**When Things Get Crazy With Your Teen** By Michael Bradley, Ed.D. No, it's not easy raising teenagers. As someone who has counseled hundreds of teens in his practice and as a father of two teens himself, Dr. Michael Bradley understands how teenagers can drive you crazy. Offering practical "first response" advice, he tells you exactly what to do and what NOT to do in about every scenario you'll ever face with your kid, from messy rooms and monstrous moods to drug abuse and depression. Available at bookstores for \$27.95.



**Smart Parenting During and After Divorce** By Peter J. Favaro, Ph.D. As a court-appointed child custody evaluator for 15 years, Dr. Peter Favaro is uniquely qualified to write this must-have guide for parents going through divorce. A child psychologist, he understands the effects divorce can have on families, especially when difficult exes, lawyers, visitation schedules, and other issues directly affect the child. Favaro addresses 50 essential topics in short, easy-to-read chapters, including 100 dos and don'ts that will make things easier on your child—and better for your family. Available at bookstores for \$20.95.

 **Picky? Not Me, Mom!** By Karla Heintz Your children are picky about what they eat. They turn up their noses at broccoli, and bury their peas under the mashed potatoes. So, what do you do? Concerned parents have asked Karla Heintz such questions and her solutions and suggestions, together with menu plans and fast recipes for resolving what she calls picky eater syndrome are delivered in this practical guide to better nutrition. Available at bookstores for \$26.95.



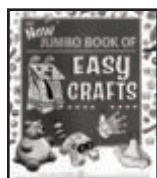
**Girls Against Girls** By Bonnie Burton Written for all teen girls, this insightful book discusses different types of girl-on-girl cruelty, why it happens, and how to deal with it. With details on various forms of abuse common between girls this useful guidebook will help teen girls understand why they show aggression to each other, cope with difficult situations, gain confidence, and work together as teams, while also suggesting when to get help from adults when situations get out of hand. Available at bookstores for \$14.95.

**Hotel for Dogs Movie Novelization** When 16-year-old Andi and her younger brother, Bruce, find themselves in a foster home with a strict "no pets" policy, the siblings have to find a new home for their dog, Friday. The kids stumble into an abandoned hotel and begin transforming it into something truly magical: a home for their dog, as well as all the stray dogs in the neighborhood! But the hotel soon arouses the suspicions of the police who want to know—who let the dogs in? Available at bookstores for \$6.99.




**The Spring of Candy Apples** By Debbie Viguie It's spring and Candace is busy working at the Zone's Candy Counter while struggling to make decisions about her future. She has been accepted to two different colleges, but family and friends are pressuring her to stay local. Her coworkers, however, are urging her to follow her dreams no matter how far away they take her. Available at bookstores for \$10.79.

 **Follow That Map** By Scot Ritchie An interactive picture book that explains and demonstrates key mapping concepts. Kids will enjoy following Sally and her friends as they search for Max and Ollie and a mischievous dog and cat. Sally and friends take an imaginative trip through the neighborhood, city and country, around the world and beyond. Kids can join in the search for Max and Ollie, who are hiding somewhere in every map. An activity at the end of the book shows children how to make a map of their bedroom. Available at bookstores for \$16.95.



 **The New Jumbo of Easy Crafts** By Judy Ann Sadler Got a clothespin? Turn it into a dragonfly. Got a walnut? Turn it into a sailboat. Kids will find these plus hundreds more easy crafts, including animals, nature crafts, games, gifts, toys and works of art. The book divides crafts into four themed sections: Imagine and Create, Wear and Use, Make and Play and Decorate and Celebrate, making it easy for kids, parents and teachers to find the perfect craft for a special day, a special person or just for fun. Available at bookstores for \$18.95.

 **Scaredy Squirrel at Night** By Melanie Watt Scaredy never sleeps — sleep might mean bad dreams about dragons, ghosts, vampire bats and polka-dot monsters. Our wide-eyed hero has a plan: stay awake all night, every night. Scaredy Squirrel at Night tackles a fear everyone — and especially the young — can relate to. It's a bedtime story to make light of kids' fear of the dark and a fable for our sleep-deprived society.

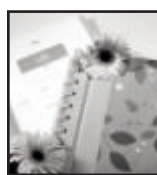


## PRODUCTS




**SpaTimeBaby** Bathe your precious little one in comfort & style. CozyCare Cape is a safe and pampering alternative to bathing and drying baby. Stay dry with our exclusive waterproof panel! Each cape comes beautifully wrapped in a sheer organza pouch. And can be monogrammed. Makes a fantastic gift! Visit spatimebaby.com to order.

**Firefly Lightup Timer Toothbrush** This toothbrush entices kids to brush thoroughly on their own with its colorful light-up timer. Kids simply touch the button at the base of the handle, and the light flashes for sixty seconds, the length of time dentists agree is needed to thoroughly brush one row of teeth. When the light stops flashing, it is time to reactivate it and move onto the second arch. Available at various retailers.



**Rag and Bone Bindery** High-quality, hand-made photo books, albums, journals, guest books and a multitude of other stationery items. Baby's First Book is a beautiful handmade, ribbon bound book that is essential for any mom or mom-to-be who wants to remember everything during that first precious year. With fill-in-the-blank pages, and a variety of whimsical covers to choose from, this

book is sure to be something the family will cherish forever. Visit ragandbonebindery.com to order.

 **Little Soles - Urban Class Footwear for Children** Our infants' and children's shoes are fashioned from our own exclusive designs using only the finest materials. High quality, yet affordable, fashion-forward footwear for any parent seeking unique alternatives to mainstream fashion. Little Soles™ offers amazing choice through a variety of styles, colours and designs sure to fit your Little One's unique spirit. Available at various children's retailers in Edmonton.



**BurpieBlocker™** The innovative baby burp cloth which stays in place, even when you can't! Perfect for experienced and new moms alike, and makes a great baby shower gift. To use simply place on preferred shoulder and fasten strap around neck. Three collections featuring girl, boy and gender neutral fabrics. Made from 100% cotton and machine washable. For more information and/or to purchase visit burpieblocker.com.




**Palmer's Cocoa Butter Formula** Many pregnant, women experience skin conditions that include dry, itchy skin and dreaded stretch marks as a result of weight gain and post-pregnancy weight loss. To soothe, firm and hydrate skin that needs special attention, Palmer's has specifically created a line of Cocoa Butter Formula products for expectant mothers that contain Collagen, Elastin and Vitamin E. Available at various retailers in Edmonton for \$4.99-\$6.99.

**Green Girl Tiny Totes** These whimsical, machine washable eco- totes allow little shoppers to say "no thank you" to plastic bags in a style all their own. From the grocery store to school, from sleepovers to soccer and dance these totes hold everything a little girl desires. Visit greengirlworld.com for more information.



## DVD'S/CD'S



 **Fitmom Postnatal Workout DVD** This postnatal workout is divided into sections including a warm up, main exercise routine, warm down and a baby activity. Each exercise incorporates the baby in some way although this isn't needed to get a great workout. Combining weights and different moves in lively circuit, you'll get the benefit of toning and sculpting your body back to your pre pregnancy shape or even better! Available at fitmomcanada.com or amazon.com for \$17.99.

**All Roads Lead Home DVD** In this inspirational film based on a true story, a young girl, Belle, has difficulty adjusting after the death of her mother. When her father is unable to help her, he sends her to live with her grandfather on a farm. With the help of the animals, Belle's work on the farm transforms the entire family. Available at various retailers in Edmonton.



**Tugger: The Jeep 4x4 Who Wanted to Fly** A heartwarming and entertaining story of an out of commission WWII jeep that was repaired with airplane parts, giving him lofty ambitions. Tugger spends his time towing airplanes at a local airfield, but is convinced that his destiny is to fly like a real airplane. Available at various retailers in Edmonton.

**Putumayo Kids Animal Playground** The new album presents a multilingual collection of animal-themed songs from around the world. The 13 tracks on the album will guide listeners on a journey that begins in North America and ends in Africa without skipping a beat in between. Music fans of all ages will want to jump, hop and sing along to the playful, upbeat melodies of Animal Playground.



*Editors' Notes: This guide is provided as a reference only. Please research your choices carefully. Choose the products and companies that work best for you and your family.*

EC

If your  is in your ,

shouldn't your business be also?

**WANTED**

Stay at home mums who would like to join the adult world for 3 - 4 hours per week who are enthusiastic, **creative**, easygoing and ambitious.

- > Longevity
- > Name Recognition
- > Gold Medal Gourmet Foods
- > Natural Based Personal Care Products
- > Remedies
- > Supplements
- > Biodegradable Cleaning Products

**WATKINS**  
TRADE MARK  
**has it all**

Looking for a practical low start up (cost) home based business? Call today!!

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